

It's Cool To Care

10 WAYS TO PROTECT THE PLANET

EARTH EXPLORE



Adventures to Planet Earth

JOIN YOUR TEACHER ON A
PLANET EARTH ADVENTURE

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1. CHANGE 5 BULBS.

Change a bulb and you change the world. Put compact fluorescent in your 5 most-used light fixtures. They last ten times as long and keep tons of carbon out of the atmosphere.

2. REDUCE, REUSE & RECYCLE.

Recycle everything you can and buy products with reusable containers. This keeps garbage dumps from growing, saves electricity, and cuts greenhouse gases used in making new containers.

3. PLANT A TREE.

Trees soak up carbon and take harmful greenhouse gases out of the air. Millions of acres of forest are cut down each year. Plant a tree to reverse the trend.

4. RIDE A BIKE.

And use the bus or public transit when you can. It's healthy, it's fun, and it keeps lots of damaging carbon out of the atmosphere.

5. BUY LOCAL.

When you buy food made locally you're cutting out the middle man and saving all of the energy used in trucking and flying the food to you.

6. HIT THE SWITCH.

Leaving the lights on is like letting an electric faucet run when not in use. Set the water heater at 130 degrees, and the thermostat at 68 in the winter, and 78 in the summer.

7. TAKE YOUR BAG.

Plastic bags use petroleum to produce, and a lot of energy besides. Paper bags come from trees. Take a reusable canvas bag along when you shop. It's cool, and the planet will thank you.

8. DRIVE SMART.

Ask your parents to fully inflate the car's tires, go slower and brake easier. It's safer, and cuts greenhouse gases.

9. START A RECYCLING PROGRAM.

If your school has one, expand it. If it doesn't, start one. It's a no brainer.

10. BE AN EARTH WARRIOR.

Get others to do what you're doing. Spread the word. Lead by example. Show them how cool caring can be.